



## **Eating Disorders Coalition Supports Energy & Commerce Committee Investigation of Short-Term, Limited Duration Insurance Plans**

WASHINGTON, D.C. (March 14, 2019) – The U.S. House of Representatives majority Energy and Commerce Committee has declared an investigation into health insurance companies that sell short-term, limited duration insurance (STLDI) plans. The Eating Disorders Coalition supports the majority Committee’s decision to examine these policies further as STLDI plans have a history of discriminating against individuals with pre-existing conditions.

A report from the Kaiser Family Foundation found that 43% of STLDI plans do not cover mental health services and 62% do not cover substance abuse treatment. The Trump Administration expanded the availability of STLDI plans last year, which extended the duration from three months up to 12 months with the option to renew for up to 36 months. Further, these plans can be sold with little to no disclosure about what the plans do or do not cover alongside plans that are compliant with the Affordable Care Act, which can cause widespread confusion during enrollment.

“We remain steadfast in our belief that every individual deserves comprehensive and affordable health care,” said EDC Board President Chase Bannister, MDIV, MSW, LCSW, CEDS. “Short-term plans continue to fall short for individuals and this investigation is most warranted.”

The EDC will continue to monitor this investigation and applaud the efforts of the Committee members dedicated to holding insurance companies accountable. To learn more about the majority Energy and Commerce Committee’s investigation, the full press release can be read [here](#).

*The Eating Disorders Coalition (EDC) is a Washington, D.C.-based, federal advocacy organization comprised of treatment providers, advocacy organizations, academics, parents of children with eating disorders and people experiencing eating disorders nationwide. Additional resources can also be found at [www.eatingdisorderscoalition.org](http://www.eatingdisorderscoalition.org).###*