

Supporting Comprehensive and Affordable Health Insurance under the Affordable Care Act (ACA)

THE FACTS ON EATING DISORDERS

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Eating disorders have one of the highest mortality rates of any psychiatric illness, second only to opioid use disorder.



The number of Americans that will experience an eating disorder in their lifetime.

25%

The percentage of people affected by an eating disorder that have a co-occurring substance use disorder.

Eating disorders affect people of all ages, races, genders, sizes, sexual orientations, ethnicities, and socioeconomic statuses

The Eating Disorders Coalition urges Congress to protect the following ACA health care provisions:

Protections for people with pre-existing conditions

Essential health benefits, specifically comprehensive mental health and substance use disorder coverage

No annual or lifetime limits on benefits

Maximums on out-of-pocket expenses

The Eating Disorders Coalition also supports the stabilization of ACA Premiums:

Congress should work to return to the 2016 ACA premium rates to improve affordability for families and individuals affected by eating disorders.

ABOUT THE EATING DISORDERS COALITION

The Eating Disorders Coalition for Research, Policy & Action (EDC) is a Washington, DC-based, federal advocacy organization comprised of advocacy organizations, academics, treatment providers, family and loved ones of children with eating disorders and people experiencing eating disorders nationwide. The EDC advances the recognition of eating disorders as a public health priority throughout the United States.