EDC Decries Assault on U.S. Democracy

(Washington, D.C.) January 14, 2021—The Eating Disorders Coalition for Research, Policy & Action condemns the violent attacks that occurred on the grounds of the U.S. Capitol Building on January 6th, 2021. The insurrection laid bare the fragility of the democratic institutions we hold dear, and the deep wounds that white supremacy inflicts thereupon.

As we struggle to respond to these traumatic events and the chronic enmity from which they came, we hold fast to our core values, our commitment to civic engagement, and our guiding mission to influence public policy for the benefit of all. Our voices, united, will not be stifled by those attempting to wrest control of our democratic institutions, whether by violence or deception. In the face of tyranny, we organize. We persist.

It is incumbent upon us all, individually and collectively, to stay the course as fierce advocates for better and more expansive eating disorders public policy. To achieve that end and to be worthy of our charge, we must prove faithful stewards of those touchstone democratic ideals—imperfectly realized though they be—that promise us a vote, a voice, and a place at the table.

As we continue to transform and be transformed, we know intimately the importance of networks of support and communities of care. We encourage you to use the resources linked below if you or a loved one needs support or is in crisis. You are not alone.

With hope for healing and unity,

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President, Board of Directors
Eating Disorders Coalition for Research, Policy & Action

Alliance for Eating Disorders Awareness

- FindEDHelp tool
- Virtual support groups

American Foundation for Suicide Prevention

- Resources and Crisis Line

Mental Health America

- Resources

Multi-Service Eating Disorders Association

- Support groups

National Eating Disorders Association

- Helpline

National Alliance for Mental Illness

- NAMI HelpLine and Resources

The Trevor Project

- TrevorLifeline