

The Eating Disorders Coalition for Research, Policy & Action, American Psychological Association, International Federation of Eating Disorder Dietitians and HealthyWomen

INVITES YOU TO A VIRTUAL CONGRESSIONAL BRIEFING

“COVID-19 and Eating Disorders: How Untreated Eating Disorders Impact Americans, Medicare and the Economy”

in coordination with the House Democrats’ Taskforce on Aging and Families, the Congressional Mental Health Caucus, and Sens. Hassan (D-NH) and Murkowski (R-AK)

Tuesday, July 28
2 pm – 3 pm EST

MODERATOR

Bryn Austin, ScD, FAED (Moderator), *Director – Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED); Professor – Department of Social and Behavioral Sciences, Harvard Chan School of Public Health (Boston, MA)*

PANELISTS

Christine Peat, PhD, FAED, LP, *Chief Director – National Center of Excellence for Eating Disorders (NCEED); Associate Professor of Psychiatry – University of North Carolina at Chapel Hill (Chapel Hill, NC)*

Margo Maine, PhD, FAED, CEDS, *Licensed Psychologist, Co-Founder – Maine & Weinstein Specialty Group, LLC (West Hartford, CT)*

Grace Schumacher, RDN, *Founder – Nutrition Partnership, LLC; President, International Association of Eating Disorders Professionals Foundation, Alaska Chapter (Anchorage & Palmer, AK)*

Anne Gross, MEd, EdS, *Personal Story (Chapel Hill, NC)*

Bryn Austin, ScD, FAED (Moderator)

Director, Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED)

Professor, Department of Social and Behavioral Sciences, Harvard Chan School of Public Health

Bryn.Austin@childrens.harvard.edu



Dr. S. Bryn Austin is an award-winning researcher, teacher, and mentor. She is Professor in Social and Behavioral Sciences at Harvard T.H. Chan School of Public Health, and Professor of Pediatrics at Harvard Medical School and Boston Children's Hospital. She directs the Strategic Training Initiative for the Prevention of Eating Disorders: A Public Health Incubator, based at the Harvard Chan School and Boston Children's Hospital. Dr. Austin is Immediate Past President of the Eating Disorders Coalition for Research, Policy & Action and the Academy for Eating Disorders.

Christine Peat, PhD, FAED, LP

Chief Director, National Center of Excellence for Eating Disorders

Associate Professor of Psychiatry, University of North Carolina at Chapel Hill

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Dr. Christine Peat is the Director of the National Center of Excellence for Eating Disorders (NCEED) and an Associate Professor of Psychiatry at the University of North Carolina at Chapel Hill. She completed her undergraduate training in psychology at the University of Arizona and earned her master's degree and doctorate in clinical psychology at the University of North Dakota. Her internship was in behavioral medicine at West Virginia University, after which she went on to complete her postdoctoral fellowship in eating disorders research at the University of North Carolina under the directorship of Dr. Cynthia Bulik. As the Director of NCEED, Dr. Peat is focused on broadly disseminating education and training on eating disorders to healthcare providers across a variety of disciplines. Her research centers on eating pathology across the spectrum, but with a distinct focus on binge eating disorder. She is particularly interested in the intersection between obesity, bariatric surgery, and eating pathology and investigating physiological comorbidities associated with eating disorders.

Dr. Peat is also a licensed psychologist in North Carolina and as such, treats eating disorders across the spectrum, with a primary focus on binge eating. She has provided services to a range of patients with eating disorders including adolescents, adults, mid-life patients, and those receiving disability benefits. Given her background in behavioral medicine, she has also established clinical services in GI Surgery where she provides both psychotherapy and behavioral medicine interventions to these patient populations. In addition to her clinical and research responsibilities, Dr. Peat is also a clinical supervisor for pre-doctoral psychology interns, psychiatry residents, and mentors undergraduate students.

Margo Maine, PhD, FAED, CEDS

Licensed Psychologist

Co-Founder, Maine & Weinstein Specialty Group, LLC

mdm@mwsq.org



Dr. Margo Maine is a clinical psychologist who has specialized in eating disorders and related issues for over 35 years. A Founder and Adviser of the National Eating Disorders Association and Founding Fellow of the Academy for Eating Disorders, Dr. Maine is author of: *Pursuing Perfection: Eating Disorders, Body Myths, and Women at Midlife and Beyond*; *Treatment of Eating Disorders: Bridging the Research- Practice Gap*; *Effective Clinical Practice in the Treatment of Eating Disorders*; *The Body Myth*; *Father Hunger*; and *Body Wars*; and Senior Editor Emeritus of *Eating Disorders: The Journal of Treatment and Prevention*. Dr. Maine was the 2007 recipient of The Lori Irving Award for Excellence in Eating Disorders Awareness and Prevention, the 2014 recipient of the Don and Melissa Nielsen Lifetime Achievement Award and the 2015 NEDA Lifetime Achievement Award. She is a member of the Renfrew Foundation Conference Committee and their Clinical Advisory Board, and the Walden Behavioral Care

Clinical Advisory Board. Dr. Maine was also a 2016 Honoree of the Connecticut Women's Hall of Fame. She lectures nationally and internationally on eating disorders and maintains a private practice, Maine & Weinstein Specialty Group, in West Hartford, CT. She loves the earth and gets up early every day to celebrate it.

Grace Schumacher, RDN

Founder, Nutrition Partnership, LLC

President, International Association of Eating Disorders Professionals Foundation, Alaska Chapter

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Grace Schumacher graduated from the University of Alaska. She has worked in acute medical facilities as well as acute and residential behavioral health settings. She is an experienced health educator on topics of nutrition that span the lifecycle, including cardiac rehab and diabetes care, and is frequently engaged as a guest speaker on various nutrition-related topics for school classrooms, health fairs, substance use recovery programs, and caregiver support groups such as Alzheimer's Resource of Alaska. Grace practices outpatient nutrition therapy for eating disorders through a private practice, Nutrition Partnership, LLC. She is the founder of the International Association of Eating Disorders Professionals (iaedp), Alaska Chapter, and is the first Alaskan to have completed requirements for a board-certified specialty in eating disorders nutrition therapy. Grace is an advocate for healthcare justice issues such as access to quality healthcare, for which she received the 2018 Excellence in Professional Integrity award from the Behavioral Health Nutrition Practice Group of the Academy of

Nutrition and Dietetics. She serves on the board of the Alaska Academy of Nutrition and Dietetics as Public Policy Coordinator, is a Director on the board of the Alaska Eating Disorders Alliance, and is an advocate with the International Federation of Eating Disorders Dietitians.

COVID-19 and Eating Disorders: How Untreated Eating Disorders Impact Americans, Medicare and the Economy

Tuesday, July 28, 2020

2:00pm – 3:00pm

Zoom Webinar

Anne Gross, MEd, EdS

Personal Story

annechristinegross@gmail.com



A native of Omaha, Nebraska, Anne is 1 of 8 children. She was first diagnosed with anorexia nervosa at age 22, at which time she was hospitalized for 2 years. She has continued in therapy since that time, being treated also for PTSD, Major Depression and Anxiety Disorder. She is currently 68 years old. Her graduate degrees include a Master of Education in Guidance and Counseling and an Education Specialist in School Psychology, as well as Certification in Dialectical Behavioral Therapy. After 15 years of work history in mental health and numerous relapses and hospitalizations, she was awarded SSDI in

2005. She has been using Medicare for treatment costs since then, although on a limited basis and not including outpatient nutritional care.