SOCIAL & ECONOMIC COST OF EATING DISORDERS IN THE UNITED STATES

Report by the Strategic Training Initiative for the Prevention of Eating Disorders, Academy for Eating Disorders, and Deloitte Access Economics

PREVALENCE & MORTALITY

Percent of the U.S. population, or 28.8 million Americans, that will have an eating disorder in their lifetime

10,200 deaths per year as a direct result of an eating disorder, equating to 1 death every 52 minutes

EATING DISORDERS AFFECT EVERYONE:

- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are half as likely to be diagnosed or to receive treatment
- All genders, with females being 2x more likely to have an eating disorder
- All sexual orientations

COST TO ECONOMY & SOCIETY

Yearly economic cost of eating disorders $64.7 Billion

Additional loss of wellbeing per year $326.5 Billion

COST TO HOSPITAL SYSTEMS:

- 53,918 ER visits costing $29.3M
- 23,560 inpatient hospitalizations costing $209.7M

Cost Breakdown:
- Productivity Losses ($48.6B)
- Informal Care ($6.7B)
- Efficiency Losses ($4.8B)
- Health System ($4.6B)

LOSS PER GROUP:

- Individuals & Families: $23.5B
- Caregivers provide 6 weeks of informal, unpaid care per year

- Government: $17.7B
- Employers: $16.3B
- Society: $7.1B


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